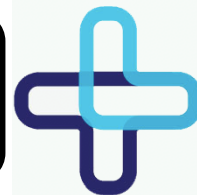


My Caregiver's Visit

Use this guide to help you track questions and answers during your loved one's appointment



Date of Visit: _____ with Dr. _____

Could you let me know how you think my loved one is doing and if there are any new changes to their health I should know about? Be sure to let the doctor know if you have any comments about their assessment

Write down things you hear during the appointment you want the doctor to clarify before you leave!

Be sure to include a brief medical review during the visit:

1. Medication review:

- Are all of their medications still needed? Are refills needed?
- Can we take away any medications?

2. Supports and Help

- Do you need any supports to help with things like – toileting, showering, transferring, tracking medications or travelling?

3. Upcoming appointments, referrals or tests

- Do you think any of these are unnecessary
- any questions about why the referrals are being done?

Ask the doctor if they can offer any support in terms of:

- Timing of appointments so you can attend
- Transportation to appointments
- Booking additional time to address questions
- Booking tests at preferred hospitals
- Communicate appointment times with the patient and with yourself
- Arranging a family meeting

- Limiting unnecessary bloodwork or medication
- Help with forms
- Social worker for _____
- Physical Therapy for _____
- Occupational Therapy for _____
- Social Work
- Personal Support Worker
- Personal Hygiene Care (Showers, Toileting)
- Wound care OR Catheter care

Use this area to write down concerns you have after your visit? - Were there any words you didn't understand or part of the treatment for your loved one that didn't make sense that you wanted to clarify?